



# FIRST AID APPOINTED PERSON



## INTRODUCTION

The course is suitable for organisations where a qualified first aider is not required, but where there must be an 'appointed person' to satisfy the needs of the Health and Safety (First Aid) Regulations 1981. It is also suitable for people who wish to gain an understanding of First Aid emergency procedures. There is no exam and a certificate of attendance is issued.

## WHO SHOULD ATTEND

Persons who are deemed suitable and are intended to fulfil the role of an 'appointed person'. Participants are advised to dress appropriately as they will be required to work on the floor for practical sessions.

## COURSE DURATION

PFA Consulting offer this course over 1 day.

## COURSE OVERVIEW

- HSE approved code of practice
- Contents of a first aid box
- Resuscitation
- Treatment of unconscious casualties
- Heart attack
- Choking
- Shock
- Communication and delegation in an emergency
- Control of bleeding

A general overview of the following topics is also given:

- Allergic reaction
- Burns and scalds
- Injuries to bones, muscle and joints

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PFA Consulting has a rolling schedule for Health and Safety courses. For further details on this course or to arrange a meeting to discuss your requirements:

- Call our training co-ordinator on 01793 828000
- Email us on [training@pfapl.com](mailto:training@pfapl.com)