



HSE APPROVED FIRST AID AT WORK COURSE



INTRODUCTION

A comprehensive four day course covering a wide range of first aid emergencies and how to deal with them, enabling participants to qualify to the level of First Aider for the workplace meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

This course can be tailored to the requirements of specific work environments. On successful completion of the course and final assessment participants will be awarded a First Aid At Work certificate valid for 3 years.

WHO SHOULD ATTEND

Persons who are deemed suitable and are intended to fulfil the role of a first aider. Participants are advised to dress appropriately as they will be required to work on the floor for practical sessions.

COURSE DURATION

PFA Consulting offer this course over 4 days.

COURSE OVERVIEW

The following subjects are covered within this course:

- The duties of the first aider
- Health and safety administration
- Handling an incident and developing an action plan
- Initial assessment of the casualty and carrying out a search
- Recognition and treatment of illness
- Disorders of the breathing and respiratory system
- Wounds and bleeding and the circulatory system
- Emergency life support
- Dressings and bandages
- Head injuries and the causes of unconsciousness
- Cardio-pulmonary resuscitation (CPR)
- Respiration and asphyxia
- Burns and scalds
- Eye injuries and conditions
- Updates in first aid procedures

PFA Consulting has a rolling schedule for Health and Safety courses. For further details on this course or to arrange a meeting to discuss your requirements:

- Call our training co-ordinator on 01793 828000
- Email us on training@pfapl.com



HSE APPROVED FIRST AID AT WORK COURSE (CONT'D)

COURSE OVERVIEW (CONT'D)

- Heat and cold on the body
- Muscle, joint and bone injuries
- Spinal injuries
- Electric shock
- Poisoning
- Casualties overcome by gas or fumes
- Transportation of casualties
- Client specific subjects including diabetes, epilepsy, etc

COURSE CERTIFICATION

On successful completion of the course and final assessment participants will be awarded a First Aid At Work certificate approved for the purpose of the Health and Safety (first aid) regulations 1981, which is valid for three years.

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