



MANUAL HANDLING IN THE CARE ENVIRONMENT



INTRODUCTION

Along with our Manual Handling course, this deals with the essential elements of the principles of manual handling whilst focusing on more specifics such as correct techniques for moving and handling patients; along with specialist equipment and its use.

The initial part of the course involves learning manual handling principles. The second part of the course involves learning and practicing safer patient handling techniques specific to people.

WHO SHOULD ATTEND

A course intended for employers and employees who work within a health and social care environment. This course is also appropriate for those giving care in the community as well as anyone working towards the National Care Standards at Induction and Foundation levels.

COURSE DURATION

PFA Consulting offer this course over 1 day.

COURSE OVERVIEW

- An overview of current legislation relevant to manual handling
- Back anatomy and it's function
- Causes of injury
- Prevention of injury
- Ergonomics and risk assessment
- Safer moving and handling techniques

Practical sessions including the use of:

- Assisting clients to stand and sit
- Bed to chair
- Chair to bed
- Controlling a falling client
- Slide sheets
- Moving clients in bed
- Hoists
- Verbal instructions

PFA Consulting has a rolling schedule for Health and Safety courses. For further details on this course or to arrange a meeting to discuss your requirements:

- Call our training co-ordinator on 01793 828000
- Email us on training@pfapl.com