



# VIBRATION MANAGEMENT

## INTRODUCTION

Many Workers who are regularly exposed to high vibration magnitudes may suffer from several kinds of injury to the hands and arms, including impaired blood circulation and damage of the nerves and muscles. This is most likely when contact with a vibrating tool or work process is a regular part of an employees' job.

This course will enable delegates to appreciate the nature of Hand Arm Vibration and Whole Body Vibration hazards in the workplace, the need to protect employees from hand-arm vibration syndrome (HAVS) and Whole Body Vibration Syndrome (WBVS) and advise and assist their company in meeting the legal requirements.

## WHO SHOULD ATTEND

Those who use or manage persons using vibratory plant, equipment and hand tools.

## COURSE DURATION

PFA Consulting offer this course over one day.

## COURSE OVERVIEW

This one day course will include:

- Legislative requirements
- Identification of HAV/WBV hazards and assessment of risk
- Vibration exposure control techniques and identification of areas where vibration reduction is required
- Assessing the effectiveness of vibration control measures
- Evaluation of daily vibration exposure
- Use and limitations of personal protective equipment

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PFA Consulting has a rolling schedule for Health and Safety courses. For further details on this course or to arrange a meeting to discuss your requirements:

- Call our training co-ordinator on 01793 828000
- Email us on [training@pfapl.com](mailto:training@pfapl.com)